

Useful information, advice, and help

<https://www.cerebra.org.uk/help-and-information/guides-for-parents/dla-guide/>

Carers Allowance

<https://www.gov.uk/carers-allowance>

Accessing Short Breaks

<http://www.somerset.gov.uk/organisation/departments/disabled-children-and-young-peoples-service/>

Blue Badge application

<https://www.gov.uk/apply-blue-badge>

Free bus pass for your child plus a carer

<http://www.somerset.gov.uk/roads-parking-and-transport/public-transport/apply-for-a-concessionary-bus-pass/>

Free rail travel for carers

<http://www.raileasy.co.uk/information/rail-cards/disabled-child/disabled-child-railcard>

Reduction for council tax

<https://www.southsomerset.gov.uk/council-tax/advice-and-guidance/1st-april-2013-changes/>

Continence services – free pads

<http://www.sompar.nhs.uk/what-we-do/general-health/continence/>

Struggling taking your child to the dentist?

<http://www.sompar.nhs.uk/dental/>

Useful information, advice, and help

Family Fund - Annual £500 grant

<https://www.familyfund.org.uk/>

Help and advice - Cerebra

<https://www.cerebra.org.uk/>

Help and advice – Contact (formally Contact a Family)

<https://contact.org.uk/>

Somerset Star – funding opportunities for children to take part in music, sport, art and recreational activities

<http://www.somerset-star.org.uk/>

Somerset Parent Carer Forum

<https://somerseparentcarerforum.org.uk/>

Max Card – discount to access to UK attractions

<https://mymaxcard.co.uk/>

Cinema card – free entry for disabled child

<https://www.ceacard.co.uk/>

WaterSure Scheme – cap your water costs

<https://www.southwestwater.co.uk/siteassets/documents/watersure-application-form.pdf>

Sleeping Issues

<https://www.thechildrenssleepcharity.org.uk/>

General information and support

<https://www.citizensadvice.org.uk/>

Useful information, advice, and help

MIND- Supporting mental health

<https://www.mindinsomerset.org.uk/our-services/adult-support-groups/>
<https://www.somersetft.nhs.uk/help-in-a-crisis/mental-health-crisis8/>

Debt Charity- <https://www.stepchange.org/>

Somerset Integrated Domestic Abuse Service
Helpline: 0800 69 49 999

<https://sometersurvivors.org.uk/>

Somerset Drug and Alcohol Service

<https://www.turning-point.co.uk/services/sdas>

Bibic Charity - delivering therapeutic programmes to families- <https://bibic.org.uk/>